

PLT update | Upcoming Training & Events | Clinical Update | Programme update

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## Protected Learning Time (PLT)

PCN PLTs offer an excellent opportunity to come together in your PCN to learn.



### Embracing Wellness Non-Clinical PLT Event - 27<sup>th</sup> November 2024

The second in-person Non-Clinical Primary Care Workforce PLT event, held on Wednesday, 27<sup>th</sup> November 2024, was a resounding success.

The event featured engaging educational talks, opportunities for networking, and a range of health and wellbeing activities, including singing, creative drawing, yoga, team-building exercises, and canvas painting. With approximately 150 general practice staff in attendance, the event fostered a vibrant and positive atmosphere, receiving excellent feedback from participants.



A heartfelt thank you to all the speakers, instructors, and primary care staff who contributed to making this event so impactful.

Slides and photos from the Embracing Wellness event are available on the Lambeth Together Training & Development Hub webpage. Visit <https://www.selwdh.co.uk/localities/lambeth/plt>, select *Past Lambeth PLTs*, and click on the 27-Nov-2024 event for more information.

### GP Update (Red Whale) Clinical PLT Event – 27<sup>th</sup> November 2024

The Red Whale team successfully delivered our annual GP update online on Wednesday 27<sup>th</sup> November 2024. This includes an annual subscription, allowing participants to access the materials for up to a year.

The session received a total of 250 sign-ups, with 200 attendees joining on the day.

Looking ahead, the 2025 clinical update will be provided by South East London Workforce Development Hub (SELWDH) and Clinical Effectiveness South East London (CESEL).

A full list of PLT dates can be found on [selwdh.co.uk/localities/lambeth](https://www.selwdh.co.uk/localities/lambeth) (including 2025-26)

If you would like to be involved in putting on a borough PLT complete an [expression of interest form](#)

If you have any suggestions for future PLT sessions, please complete this [form](#).



## Upcoming PLT Dates

- 26-February-2025** All PCN Practices – online (*further information will be sent in due course*):  
Clinical - **Mental Health**  
Covering personality disorders, anxiety and depression, share the new CESEL guides, discuss the challenges regarding ADHD requests and prescribing, drug and alcohol addiction, hear from the crisis outreach team and STATUS employment.  
Non-clinical - **Empowering non-clinical workforce: Training and tools for safer Surgeries in a digital climate**
- 06-March-2025** North Lambeth PCN, Stockwellbeing PCN, Fiveways PCN  
**13- March -2025** HDB Group PCN, Croxted PCN, Brixton & Clapham PCN  
**20- March -2024** Streatham PCN, AT Medics Streatham PCN, Clapham PCN

## Upcoming Training & Events

### Courses from SELWDH website

Course name	Date and time	Link
Foundation Diabetes - An Exciting Journey into better Diabetes Care	<b>Thursday 08-May-2025 09:30 - 16:30</b>	<a href="#">Foundation Diabetes - An Exciting Journey into better Diabetes Care   South East London Workforce Development Hub</a>
Intermediate/Advanced - An Exciting Journey into better Diabetes Care	<b>Friday 27-Jun-2025 09:30 - 16:30</b>	<a href="#">Intermediate/Advanced - An Exciting Journey into better Diabetes Care   South East London Workforce Development Hub</a>

### Sexual Health In Practice (SHIP) – Free Training

Sexual Health in Practice are providing free Sexual Health training in February and March 2025 for Practice Nurse's and Nurse Associates. To book, click [here](#) or scan the QR code.



### GP Supervisors Course

South East London Workforce Development Hub are hosting [GP Supervisors course](#). The next GP supervisors courses are starting on the 6<sup>th</sup> of February (Thursday mornings 09:30-12:30, 6<sup>th</sup> of February (Thursday afternoons 14:00 to 17:00) and 7<sup>th</sup> February (Friday mornings 09:30 to 12:30). Information on entry requirements can be found [here](#).

If you would like to be considered for any of these cohorts please send your expression of interest to [quality@seltraininghub.co.uk](mailto:quality@seltraininghub.co.uk).

### Safe Surgeries updated e-learning course

Safe Surgeries have launched their e-learning course. This course is available to assist GP practice staff, helping them in understanding and improving access to primary care in the community. You can access the course [here](#) (registration required).

If you have any questions or need further information, please email [safesurgeries@doctorsoftheworld.org.uk](mailto:safesurgeries@doctorsoftheworld.org.uk). Further information on Safe Surgeries can be found [here](#).



## Operations Manager Apprenticeship Training

London-wide LMCs have shared information on a fully funded Operations manager apprenticeship training. If you are interested in attending the Q&A session to find out more, please click the [here](#). Cherith Simmons are hosting this apprenticeship.

## The Health and Care Jobs Hub - Primary Care Work Experience Course

If you currently have a young person undertaking work experience at your GP practice, please inform them about this free course to boost their employment opportunities. For further information please [click here for more information](#) or email the Health & Care Jobs Hub team at: [info@goodworkselondon.co.uk](mailto:info@goodworkselondon.co.uk).

## Clinical update

### GP Peer support

#### Art Sessions

Lambeth Together Training and Development Hub (LTTDH) are delighted to invite GPs across Lambeth to join four virtual Breathe Arts Health Research sessions.

Please save the following dates if interested:

- Monday 27<sup>th</sup> Jan 6.30-7.30pm (Drawing for Unwinding)
- Tuesday 25<sup>th</sup> Feb 6.30-7.30pm (Drawing for Unwinding)
- Monday 17<sup>th</sup> Mar 6.30-7.30pm (Journalling for Calm)
- Tuesday 8<sup>th</sup> Apr 6.30-7.30pm (Journalling for Calm)

#### Peer support group sessions

Exciting news for Lambeth GPs! Starting in April 2025, LTTDH is launching a 90-minute peer support group every two weeks. Join us to connect, share, and grow in a dynamic community with the support of a skilled facilitator. We're planning an evening session but want your input on the best day and time. Kindly complete the expression of interest form to help us - [EOI Form](#)

### Nurse Workforce Survey

In 2018, a Survey for Pay, Terms, and Conditions for nurses was conducted by the Lambeth Lead Nurse team. This year, we're expanding the scope to include insights on training, career progression, teaching, and supervision. Your input will directly inform our workforce plan and support advocacy for equity with colleagues in other NHS sectors. Take this opportunity to share your views, your voice matters!

#### Workforce Survey for Nursing



## Programme update

### Support Level Framework (SLF)

Lambeth Together Training and Development Hub (LTTDH) are continuing to work with practice's that have signed up for the Support Level Framework (SLF), and arranging review visits to support with Practice priority areas. If you have any queries with your reviews and/or action plans please email the Training Hub on [ltdh@selondonics.nhs.uk](mailto:ltdh@selondonics.nhs.uk) . For more information, see [SLF page on the South East London Workforce Development Hub website](#).

The South East London Workforce Development Hub (SELWDH) are now accepting expression of interests in the following support offers:

- **SLF Plus Programme** – The South East London General Practice Improvement Programme designed to support your practice development. Please see details here and click [here](#) to submit your expression of interest to join the second cohort.
- **SELWDH are introducing the PCN SLF** – designed to measure your PCN development opportunities against your member practice support needs. The PCN SLF will be rolled out in due course – please see details here and click [here](#) to submit your expression of interest.

### Social Prescribing Link Worker's Career Pathway Development Resource guide

LTTDH have worked with AgeUK and local Social Prescriber Link Worker's (SPLW) to co-design a SPLW's Career Pathway Development Resource Guide. The guide provides SPLW's with national resources they can access in one place and will be available on our Lambeth page in due course. However, if you would like a copy of the SPLW Career Pathway Development Resource guide, please email the Training Hub on [ltdh@selondonics.nhs.uk](mailto:ltdh@selondonics.nhs.uk) .

### Career Pathways for Non-Clinical Primary Care Workforce and SPLWs

LTTD would like to work with PCN practices to develop a career pathways interactive document for non-clinical primary care workforce and Social Prescriber Link Workers (SPLW), which will be accessible to those wanting to work and remain in Primary Care. To assist with developing this tool, please could non-clinical staff complete the [brief survey](#) by scanning the QR code.

If you are interested in co-designing this document, please email the Training Hub on [ltdh@selondonics.nhs.uk](mailto:ltdh@selondonics.nhs.uk) .



### Did you know?



The South East London Workforce Development Hub provides career support and training for all primary care staff. Clinicians can register to join weekly webinars on a range of clinical subjects. You can sign up for webinars and training online by visiting the [SELWDH Education and Training page](#).

